

# Reading in Year 1

A Guide for Parents and Carers

## Reading in Year 1



# National Curriculum: Year 1

Children need to develop:

pleasure in reading;

motivation to read;

increased vocabulary;

improved level of understanding.

They will do this by frequently listening to:

stories;

poems;

information texts;

texts that they cannot yet read for themselves.

By reading with an adult, children can also be shown the processes of finding information within a book, such as the use of contents or index pages.

# How to Help

Initially, reading with your child is about reading **to** them. Model clear reading with fluency and expression. Model how to read unknown words.

Read a range of different texts, such as: recipe books; nursery rhymes; instruction manuals; leaflets for places you wish to visit; traditional tales.

Show your child how to find information in a book rather than quickly finding it for them.

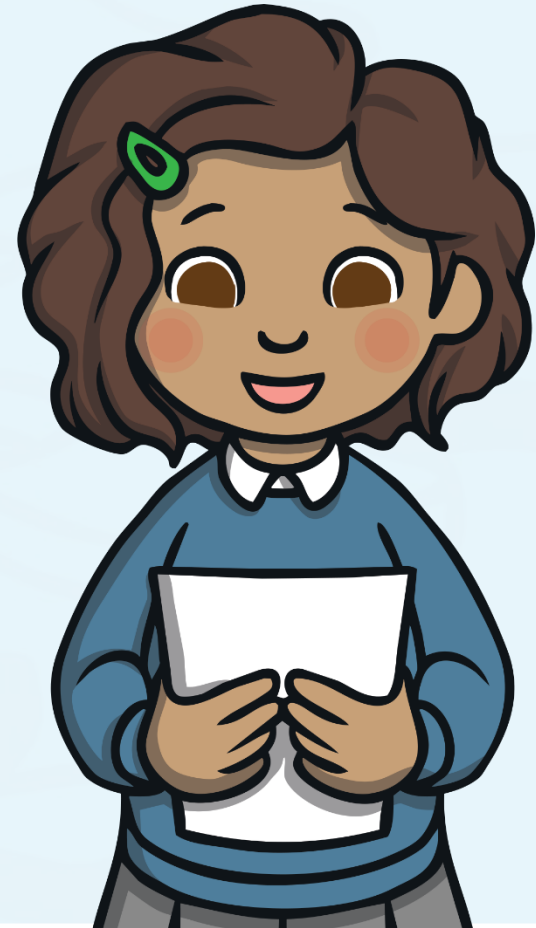


# Phonics

The National Curriculum states that year 1 children must use phonic knowledge as their primary approach to reading unfamiliar words.
























Children must be able to read all Phase 2, 3 and 5 graphemes by the end of year 1.

The reason that Phase 4 graphemes are not mentioned is that no new graphemes are taught. Instead, children consolidate their ability to blend words containing a range of consonant clusters.



# Sound Mats

My Phase 2 Sound Mat

s 	a 	t 	p 	i 	n 	m 	d 
g 	o 	c 	k 	ck 	e 	u 	r 
h 	b 	f 	ff 	l 	ll 	ss 	

























My Phase 3 Sound Mat

j 	v 	w 	x 	y 	z 	zz 	qu 
ch 	sh 	th 	ng 	ai 	ee 	igh 	oa 
oo 	oo 	ar 	or 	ur 	ow 	oi 	ear 
air 	ure 	er 					



My Phase 5 Sound Mat

ay 	ou 	ie 	ea 	oy 	ir 	ue 	ue 
aw 	wh 	ph 	ew 	ew 	oe 	au 	ey 
a-e 	e-e 	i-e 	o-e 	u-e 	u-e 		



# Spellings organised by sound

night

tie

slide

igh

ie

i-e

moon

glue

flute

screw

oo

ue

u-e

ew

(OR oo as in book)

train

play

cake

ai

ay

a-e

# Year 1 Common Exception Words

## Year 1 Common Exception Words

the  
a  
do  
to  
today  
of  
said  
says  
are  
were  
was

is  
his  
has  
I  
you  
your  
they  
be  
he  
me  
she  
we

no  
go  
so  
by  
my  
here  
there  
where  
love  
come  
some

one  
once  
ask  
friend  
school  
put  
push  
pull  
full  
house  
our

# Tips to Help



Put sound mats on the fridge or somewhere easily accessible to look at together on a regular basis e.g for 5 minutes at breakfast.

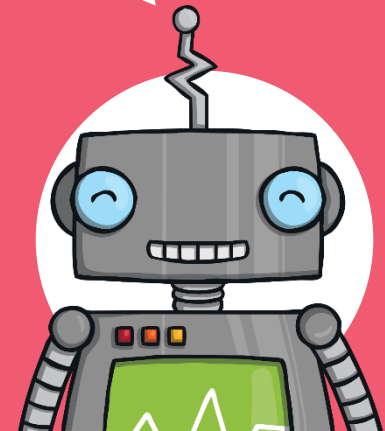
Play 'I Spy' or hang man games.  
Can you find something beginning with...?  
Use the lines in hangman for sounds rather than letters.



Ask your child to write new words using the same sounds from their sound mats.

Pretend to be a robot.

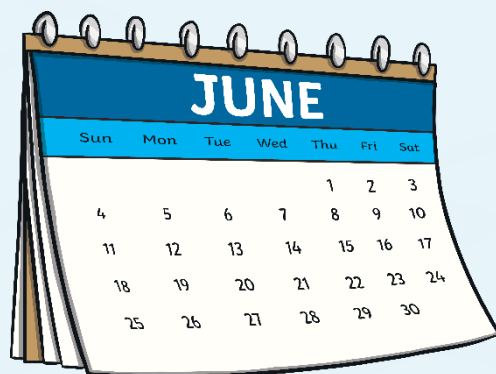
"Can you bring me your s-o-ck-s?"





# The Phonics Screening Check

In June, year 1 children are expected to complete the phonics screening check.



The aim of the check is to ensure that each child is making progress in phonics. Children are expected to read a mixture of real words and 'nonsense' words.

# Year 1 Phonics Check Materials – practice sheet

## Practice sheet: Real Words

beg

twinkl.co.uk

at

twinkl.co.uk

sum

twinkl.co.uk

in

twinkl.co.uk

## Practice sheet: Pseudo Words

vap



twinkl.co.uk

osk



twinkl.co.uk

ot



twinkl.co.uk

ect



twinkl.co.uk

# Alien and real words

baim		rain
thrayd		pray
strabe		cane
vaink		waiting
chayp		delay
whape		cupcake
braig		portrait
envay		spray
splake		graze

# Reading for Understanding

What is happening? Talk about what is happening in the pictures **before** you read the text. What can you see?



Discuss the setting of the story. Have you read another book with the same setting?



Start in the middle of a book. What do you think has happened before this point? What makes you think that?



Use a dictionary together to get your child used to exploring words for themselves.



# Reading for Understanding

Make predictions. What do you think will happen next?  
What makes you think that? If their prediction is off the mark, model your own and give your reasons.



Discuss alternative words, e.g. 'Which word could the author have used that's a bit more exciting than **big**?'  
Use a thesaurus together.



Have you learnt anything while reading this book that you didn't know before? Pretend that you have learnt a new fact and explain it.



# Helping Your Child at Home

Read with and  
to your child  
**every day.**

Look for and encourage  
opportunities to read,  
such as by reading  
signs, menus or  
shopping lists.



Talk lots about the books  
you share.  
Asking questions will help  
to develop your child's  
understanding.

Play games with  
sounds and words.

# Reading Every Day

Reading **to** your child every day is just as important as hearing your child read to you.

Reading to your child will help your child to develop their understanding of what they hear. It can also inspire them to want to read for themselves.

Try to read to your child at a higher level than they can read by themselves.

Remember to talk about new words you come across together.





# Reading Every Day

Talking about books is important for all children.  
While reading each night, try to ask these questions:

Look at the front cover. Can you guess what this book will be about?

What was the book about?  
Was your prediction correct?

Did you like the book?  
Why/why not?

Does this book remind you of any other book we've read?

What do you think that the word  
\_\_\_\_\_ means?





# Reading Game Ideas

Playing simple reading games will help your child to see the relevance of reading while having fun.



Ask your child to read out and tick off the items on your shopping list as you shop.

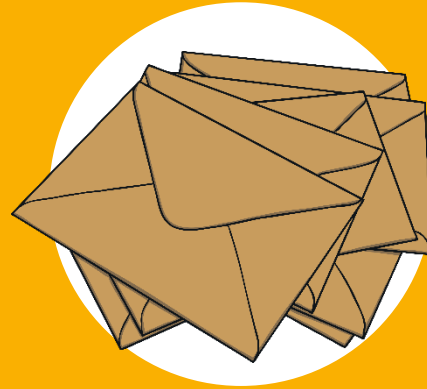


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Ask your child to collect the post from the doormat and read the name on each letter.



# Reading Game Ideas

Playing simple reading games will help your child to see the relevance of reading while having fun.



Encourage your child to read signs, menus or notices when you are out and about.



# Reading Game Ideas

Playing simple reading games will help your child to see the relevance of reading while having fun.



Hide notes with words or sentences on around the house. Encourage your child to hunt for them and to read the notes that they find.





**Have you got any questions?**

